

# DONNA M. THOMAS

MYSTIC ~ AUTHOR

PERSONAL READINGS

ENERGY ACTIVATION

EMPOWERMENT COACHING



Hello there, it's Donna.

Following are a few recordings of questions and answers I've received from both Personal readings and my public Gatherings, used with permission. Of course all identifiable information has been removed to protect the questioner's privacy.

Here's a bit of information that might help you understand what you're about to listen to:

There's also a full explanation of the readings in the *Personal Mystic Readings* page on my website. If you want more information than I give here, just type *Personal Mystic Readings* into the search field and press enter and the page will pop up.

So, This is the Reader's Digest version:

I call the wisdom that comes through me the *Guiding Souls*. If you're curious about how the name came about, some of the story is on the website.

When the questions are being answered, I am in a vast state of awareness, like one might experience in a very deep meditation — where you lose your perception of having a body and merge with another dimension that is incredibly still, vast and expansive, yet full.

I have no idea what words are said until they come into my awareness as they're leaving my mouth. Some call this channeling. But that doesn't quite fit for me. It's more like I am absorbed in this profoundly, beautiful and loving energy, and while in that state, words simply emerge and then flow out of me.

You might hear my breathing hitch. This happens naturally as the energies come into my body and move around. You'll likely also notice a change in the tone or cadence of my voice with the various questions being asked. This also seems to be a natural part of my process.

I recommend that you listen to these recordings in a quiet space, so you can both hear and absorb what's being said. For some, my voice and the answers help attain a feeling of peace and inner quiet...

That's it!  
All good to you...  
By for now.